



Part of the AMA Christmas Safety Campaign



MEDIA RELEASE
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Drive Safely This Christmas!

AMA Tasmania President Dr Michael Aizen today urged all Tasmanians to drive safely this Christmas season and take extra care on highways and country roads.

"Tasmania's road accident death toll is lower than last year," he said, "so let's try to keep it that way."

"Many of us are not used to driving on highways or country roads, where conditions can change quickly. Please take care on country roads in particular.

"If the roads are wet, make sure you slow down.

"If you are heading away, plan ahead and don't set unrealistic goals for journeys. Take time to stop and have a look at this wonderful state.

"Regular breaks can prevent fatigue and could save a life."

Dr Aizen urged drivers to take responsibility for their actions. "Remember than common sense and courtesy will improve the safety of yourself and others," he said.

"Tasmanian doctors deal with horrific injuries from road accidents. It is worth reminding drivers and passengers to always wear a seat belt in the car, and don't drive while under the influence of alcohol."

Dr. Aizen can be contacted on 0408 339 351 for additional comment.

END